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MEETING ABSTRACT

## A2.37

From forest to pharmacy: studies of pharmaceutically valuable compounds in wild black crowberry (*Empetrum nigrum*) Zane VINCEVICA-GAILE<sup>1,\*</sup>, Sabine STRAUTA<sup>1</sup>, Jorens KVIESIS<sup>1</sup>, Ruta MUCENIECE<sup>2</sup> and Maris KLAVINS<sup>1</sup>

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**Background:** Black crowberries (*Empetrum nigrum*) are higher plants distributed mostly in a circumboreal area of the Northern Hemisphere, including forests of Latvia. Although crowberries are described to be useful in ethnomedicine due to antioxidative, antimicrobial, anti-inflammatory and diuretic activity, their chemical composition has not been studied widely [1].

**Objectives:** The aim of this study was to identify pharmaceutically active compounds in berries and foliage of *Empetrum nigrum* collected in forests of Latvia to promote their use in new pharmaceutically valuable products.

**Methods:** Berries and foliage of black crowberries were hand-picked in the end of summer, 2015, in nature reserve Moorland of Cena (Latvia). Extracts from berries were obtained using different methods, but 5% solution of formic acid in 96% ethanol enhancing extraction by ultrasound was assessed as the most promising; extract of foliage was obtained using chloroform. UPLC, GC-MS analysis of extracts were performed to detect anthocyanins, lipids and flavonoids. Antiradical activity was detected using DPPH, total polyphenols with Folin–Ciocalteu reagent, and carbohydrates by the phenol–sulphuric acid method [2].

Results: Total content of polyphenols in berries was 2.80-8.32 g/100 g (as gallic acid equivalent, GAE); total flavonoids: 0.77-11.57 g/100 g (as quercetin dihydrate equivalent, QDE); sum of carbohydrates: 4.20-8.82 g/100 g (as glycose equivalent); antiradical activity varied 12-15% depending on the extraction method. Concentrated extract of black crowberries contained polyphenols 36.20 g/100 g (as GAE) and flavonoids 36.25 g/100 g (as QDE), thus resulting in 69.5% antiradical activity. Concentrated extract of polyphenols contained 48.7 mg/g of anthocyanins and it was possible to identify 13 anthocyanins, predominantly of those delphinidin-3-Ogalactoside, cyanidin-3-O-galactoside and peonidin-3-O-galactoside which are more stable than arabinosides [3]. In total, 17 lipid compounds were detected, predominantly linoleic acid, linolenic acid and oleic acid. Nine compounds were identified in extract of foliage (mostly dihydrochalcones and flavanones) indicating potential antibacterial and antifungal activity [4].

**Conclusions:** High levels of polyphenols, especially anthocyanins (13 anthocyanins were identified by UPLC) with elevated antiradical activity were detected in extract of *Empetrum nigrum* berries. Berries and foliage of black crowberries can be a good source of phytosterols and unsaturated fatty acids; thus, their use for production of phytopharmaceutical products is promising.

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**Keywords:** anthocyanins – antiradical activity– lipids – polyphenols – forest berries – *Empetrum nigrum* 

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